The Centers for Medicare & Medicaid Services (CMS) has developed a list of high-risk medications (HRMs) that should be avoided in the elderly population. These HRMs are considered by medical experts to have a high risk of side effects when used in the elderly and can increase morbidity and mortality, decrease quality of life and increase healthcare costs. HRM use is a CMS patient safety measure that contributes to the Health Alliance Medicare Part D Star Rating. The list provided above is not all inclusive. For a complete list, go to the Forms and Resources page of YourHealthAlliance.org, then choose Pharmacy.

For more information about HRMs, please visit CMS.gov.